



WASEM GUD OL KAKAE BIFO YU USUM.



WASEM HAN BIFO YU MEKEM KAKAE



USUM KLIN SPUN MO CUP BLONG GIVIM KAKAE LONG BEBI

## RIMEMEBA MAMA, EVRIDEI BEBI I NIDIM BLONG:

1 GIVIM TITI PLANTE TAEM



2 KAKAE PLANTE TAEM (MOA BITIM 3 MIL WETEM 2 SNAK I GUD)



3 KAKAE SAM KAKAE WE I GIVIM PAOWA



4 KAKAE OL FRUT MO VEJTABOL WE I GAT KALA



5 KAKAE SAM MIT, MELEK FIS, EG O NAT WE YU RUSUM



# KAKAE BLONG BEBI WE STAP TITI



World Health Organization

MELEK BLONG TITI HEMI NAMBAWAN KAKAE BLONG FIDIM BEBI.

KO KASEM 6 MANIS BEBI I NO NIDIM ENI NARA KAEN KAKAE

I GUD SIPOS YU SAVE GIVIM TITI KO KASEM TAEM WE PIKININI I GAT 2 YIA O BITIM 2 YIA.



TAEM BEBI I GAT 6 MANIS KO KASEM 8 MANIS YU SAVE STAT BLONG GIVIM SMOL KAKAE WE YU MEKEM I SOPSOP FASTAEM

GIVIM BEBI OL KAKAE OLSEM:



POPO MANGO BANANA KOROSOL PAMKIN AELAN KABIJ KRIN KOKONAS



FIS PINAT EK MIT YAM KUMALA BREDFRUT TARO



USUM WAN KLIN FOK O SPUN BLONG MEKEM SUA SE KAKAE I SOPSOP.



YU NO MAS ADEMAP TUMAS WOTA LONG KAKAE. MEKEM SE KAKAE I SAVE STAP LONG SPUN.

STAT WETEM 1 O 2 TISPUN. AFTA YU SAVE GIVIM SLOSLO MOA KAKAE LONG HEM.

