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NO MORE LEAKS

INNOVATIVE WAYS TO MANAGE INCONTINENCE DURING
AND AFTER A DISASTER

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VANUATU 4TH HEALTH RESEARCH SYMPOSIUM

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BACKGROUND



- Incontinence is the uncontrolled leaking of urine or feces
- Increases during and after stressful events such as disasters







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A woman with short dark hair and glasses stands in the doorway of a traditional house made of woven bamboo. She is wearing a light pink tank top and a long, flowing skirt with a pink and white floral pattern. She holds a thin wooden stick in her right hand and a woven basket in her left. The house has a steep, gabled roof and walls made of intricate bamboo weaving. The background shows lush green foliage.

25% of people
in Vanuatu have
reportedly experienced
incontinence

33% of people with
disabilities in Vanuatu reported
experiencing urinary or fecal
incontinence,
3 times a week or more

50% of people did
not know of, or use any,
products to help manage
their incontinence



LEFTEMAP LAEF

BLONG OL PIPOLO WETEM DISABILITI

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LEFTEMAP LAEF

THERE ARE ASSISTIVE DEVICES AND PRODUCTS TO HELP

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METHOD

Data collected through pre and post training surveys with Village Health Workers

Key informant interviews with a purposive sample of the 230 individual people with disabilities or family members provided with the training in Sanma, Torba and Shefa Provinces.



“Thanks to the Leftemap Laef Program, I can do things quicker and better so I don’t need my granddaughter to stay at home with me all day...

Now I can often go outside and she can go to school in the mornings while I look after myself.

She was happy to be able to go back to school and be with her friends...”

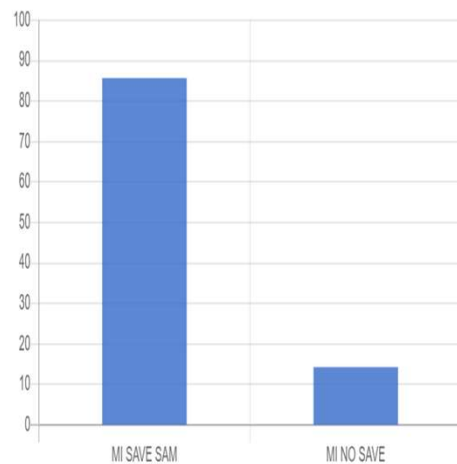
Nettie Joe, BB Bon Santo



RESULTS

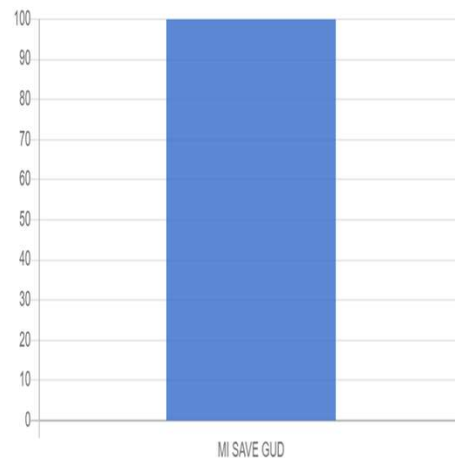
BIFO YU KAM LONG TRENING - Wanem save blong yu long topic long Disability?

TYPE: "SELECT_ONE". 14 out of 14 respondents answered this question. (0 were without data.)



AFTA YU KAM LONG TRENING - Wanem save blong yu long topic long Disability?

TYPE: "SELECT_ONE". 14 out of 14 respondents answered this question. (0 were without data.)




- 100% of participants reported having an increased understanding of disability





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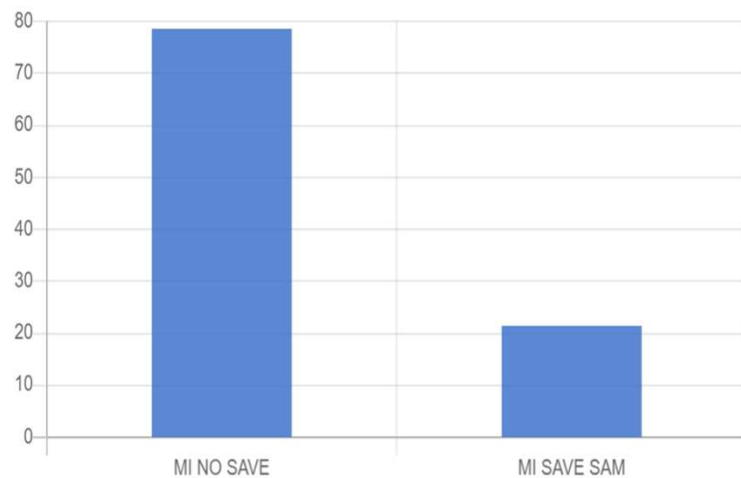


*"I used to treat people with disabilities
more like animals..."*

RESULTS

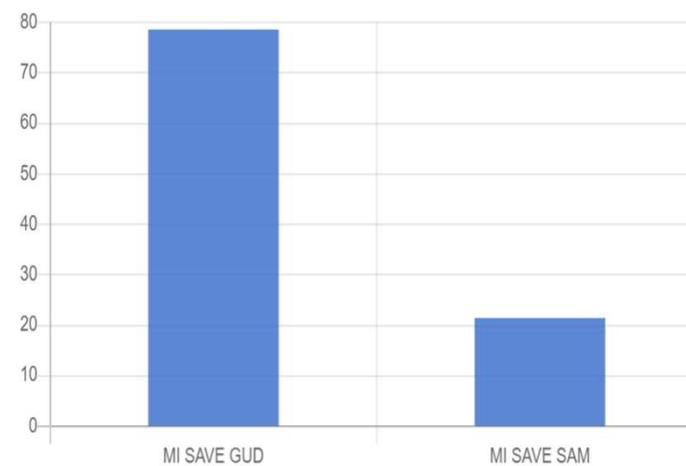
BIFO YU KAM LONG TRENING - Wanem save blong yu long topic long Inkontinens?


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AFTA YU KAM LONG TRENING - Wanem save blong yu long topic long Inkontinens?

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*“I will use the things you
gave me,
they will help me a lot...”*

“I feel motivated and inspired to talk about the new things that I learned and especially show people the new products that I received at this workshop”

Village Health Worker, Shefa 2023



“This training has helped me a lot to realise that people with disabilities are often ignored in the community and it is the role of everyone to care for people with disabilities. We can all support them with hygiene and safety during and after a disaster”.





DISCUSSION

- 100% increase in understanding of disability
- 96% increase in awareness of assistive devices and understanding how to provide respectful and dignified care for a person experiencing incontinence, both during and after a disaster.



ACKNOWLEDGEMENTS

- World Vision Vanuatu
- Australian Government
- Shefa Provincial Health
- Village Health Worker Program
- Sanma and Torba Provincial Government
- Mamma's Laef & Yumi Smat
- Vanuatu Society for People with Disability
- Ministry of Justice and Community Services
- Vanuatu Disability Promotion and Advocacy Association

